

Module 1: Growing Stronger As You Help Others Grow

- Your Path to Growth
- Your Mind is Like a Muscle
- Your EduGuides
- Reflecting on Your Path to Growth: Module Capstone

Module 2: Choosing Your Mindset

- Fixed vs. Growth Mindset
- Your Core Purpose
- Talking Back to the Fixed Mindset
- Finding Your Way Around the Change Curve
- Reflecting on Your Path to Growth: Module Capstone

Module 3: Helping Others Find Their Way

- Effective Encouragement
- Encouragement Mentoring
- Neurons That Fire Together, Wire Together
- Neurons That Wire Together, Inspire Together
- Reflecting on Your Path to Growth: Module Capstone

Module 4: Failures Many Uses

- Never Give Up
- The Road to Success Passes Through Failure
- Rediscovering a Core Purpose More Powerful Than Fear
- Slow Down and Enjoy the Journey
- You Only Truly Lose if You Don't Learn From Your Loss
- Reflecting on Your Path to Growth: Module Capstone