

EduGuide's online activities enable each person to have their own unique path for personal reflection, and the same activities can also help groups grow together. Doing an activity both individually and with a group helps students learn from each other and go deeper. Here's a simple plan to make the most of that opportunity, on any activity you choose.

1. **Select an activity from your path preview and plan your lesson.** Only available to coaches, you'll find the preview in your path menu; it shows your team's activities without any answers (more help finding your path preview on the next page). If you're not sure which activity to choose, ask your EduGuide Results Coach for a suggestion.

Plan ways you can get people engaged around the activity by:


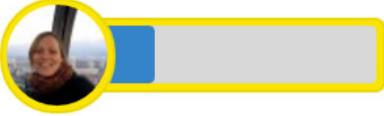
- Asking open-ended follow up questions.
 - Pausing to allow each person to write down ideas before discussing them.
 - Pairing students to discuss a question before they share thoughts with the group.
 - Challenging students to apply the lesson to their lives.
 - Assigning next steps, such as a writing exercise, service project or personal experiment.
2. **Introduce the group exercise.** Let students know this can help everyone, whether they have already done the online activity or not. That's because looking at an activity from more than one angle can help you get more from it, just as a song performed by a group can be different from how it is performed by an individual.


If you want to go even further, you can illustrate that concept by sharing these two videos of the song "Jolene": the original Dolly Parton recording slowed down to 33 rpm, and then the new Pentatonix group version.


- 33 rpm Dolly Parton solo version: <http://edugui.de/33rpmjolene>
 - Group version featuring Pentatonix: <http://edugui.de/pentatonixjolene>
3. **Consider rotating which student reads each step aloud.** For each question, ask how they might respond, using follow up questions to engage everyone. (Keep in mind that you will be showing the coach version of the activities so you may want to skip coach steps.)

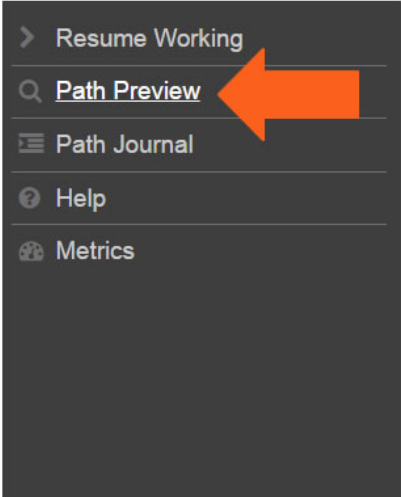
When well-guided, EduGuide Group Dialogues create a safe space where people build bonds and a sense of belonging that enables them to thrive.

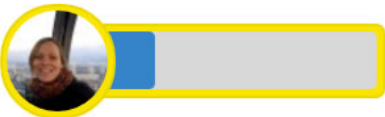
How to access your Path Preview to select an activity for Group Dialogues:


1  


 **EduGuide** In what ways was EduGuide's founder helped by his counselor, Mrs. Troy?


 **Nicole Chickering** I think this story tells us about the ways people can help us accomplish our goals.

2 



 **EduGuide** In what ways was counselor, Mrs. Troy?

 **Nicole Chickering** I think th people can help us accompli

 Share something...

3  **Path Preview - Available Activities**

- + Coach Orientation
- + Your Path to Growth
- + Your Mind is Like a Muscle
- + Your EduGuides
- + Fixed vs. Growth Mindset